

## Awareness Course Outline:

### Emergency First Aider in the Workplace

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| <b>Course Title:</b>    | <b>Emergency First Aider in the Workplace</b>  |
| <b>Overview:</b>        | This course is ideal for smaller workplaces where a nominated or appointed person is required to take charge in the event of illness or accident.  |
| <b>Course Content:</b>  | The course covers: <ul style="list-style-type: none"><li>• Legislation and responsibilities</li><li>• Managing an incident</li><li>• Assessment of casualty</li><li>• Cardio Pulmonary Resuscitation/mouth to mouth</li><li>• Recognise and treat serious injuries</li><li>• Evaluate miscellaneous illnesses and conditions</li></ul> |
| <b>Methods Used:</b>    | <ul style="list-style-type: none"><li>• Demonstration</li><li>• Practice/CPR/Recovery Position/Bandaging/Slings</li><li>• Discussions</li><li>• Questionnaires</li></ul>   |
| <b>Venue:</b>           | Learners Workplace<br>Venue to be Agreed   |
| <b>Course Duration:</b> | One-day  |
| <b>Certificate:</b>     | Learners will receive an formal First Aid certificate  |