

Awareness Course Outline:

Moving and Handling

Course Title:	Moving and Handling
Overview:	<p>The Moving and Handling course is for all carers who need to move and handle people. The course includes:</p> <ul style="list-style-type: none">• Legislation on Moving and Handling• Awareness of Risk Assessment• Employer/Employee responsibilities• Causes of Back Pain• Equipment available
Course Content:	<p>The course covers:</p> <ul style="list-style-type: none">• How to move people safely (theory and practice)• How to assess risks involved in manual handling• The different types of Moving and Handling injuries• Your legal and professional responsibilities
Methods Used:	<ul style="list-style-type: none">• Video• Discussions• Questions• Reflective Learning
Venue:	Learners Workplace Venue to be Agreed
Course Duration:	Half a day
Certificate:	At the end of the session, learners will be issued with a Certificate of Attendance which can be referenced to the Health and Social Care NVQ's.